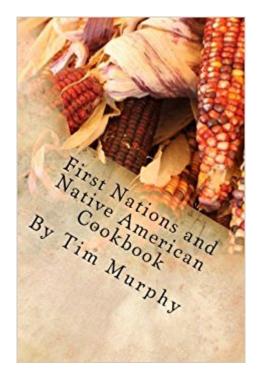
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First Nations And Native American Cookbook: Recipes From North American Tribes (Historical Cookbooks) (Volume 1)





Synopsis

Milkweed soup, bannock, sofkee, fried yucca petals, spicewood tea and blue camas bulbs. These are just a few of the dishes north America's indigenous peoples have eaten over decades and centuries. Author Tim Murphy has collected a small sampling of these recipes for this book. Represented in this book are recipes from Apache, Inuit,Ojibwa, Odawa, Choctaw, Blackfoot, Cherokee, Tlingit, Metis, Navajo, Nez Perce, Yupik, Winnebago, Ojibwe, Coquille, Mandan, Chinook, Oneida, Hopi, Dakota, Kickapoo, Cheyenne, Yurok, Cree, Crow, Aleut, Seneca, Hidatsa, Ho Chunk, Maliseet, Shawnee, Grande Ronde, Seminole, Passamaquoddy, Iroquois, Pueblo, Ute, Wyandot, Mohawk and Sioux.

Book Information

Series: Historical Cookbooks Paperback: 68 pages Publisher: CreateSpace Independent Publishing Platform; 1 edition (January 12, 2016) Language: English ISBN-10: 1523336374 ISBN-13: 978-1523336371 Product Dimensions: 5.2 x 0.2 x 8 inches Shipping Weight: 4.6 ounces (View shipping rates and policies) Average Customer Review: Be the first to review this item Best Sellers Rank: #747,559 in Books (See Top 100 in Books) #39 in Books > Cookbooks, Food & Wine > Regional & International > Native American

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